

## Get caregiving support for an aging parent



Taking care of an aging parent is different than taking care of a kid.

They are definitely not your kid, and physical or behavioral issues can make things tougher.

Taking care of an elderly family member can be stressful, especially in addition to all of your other responsibilities. Add in Alzheimer's or other health concerns, and it can be easy to feel overwhelmed. We can help.

### Receive up to 6 hours of free help from experienced professionals who can:

- Assess your loved one in their current living situation and create a care-planning report
- Discuss ways to support your family member in their home
- Help plan and monitor in-home and facility care
- Review financial, legal and medical concerns to make referrals for long-term care, if needed
- Assist with locating respite care
- Provide care for the caregiver

Our professional staff have backgrounds in social work, nursing, gerontology or counseling. And, they have extensive knowledge about the costs, quality and availability of services in your area.

Get started today. Our specialists are available 24/7 to assist you. All calls and use of services are kept confidential.

## You, supported

Enhanced Eldercare Services  
**877-683-8546**, TTY 711

[liveandworkwell.com](https://liveandworkwell.com)  
Access code: Corning

**This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room.** This program is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

Source: Family Caregiver Alliance National Center on Caregiving. Caregiving: Introduction. [caregiver.org/caregiving](https://caregiver.org/caregiving). Accessed May 2, 2023..

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