

# Your weight loss and diabetes reversal\* benefit

CORNING

No fad diets or extra gym visits—  
just foods that are right for you

Virta is your guided nutrition program—  
available at **\$0 cost to you.**

Personalized to your lifestyle and health goals, Virta uses nutrition science to build custom plans that help you sustainably lose weight and manage your diabetes.

Virta is your  
fully-covered benefit  
for better health.

Get personalized nutrition support at no cost to you.

[Claim my benefit](#)

## Access a kit of free supplies



Digital weight scale



Glucose and ketone meter



Exclusive recipes



Visit [virtahealth.com/join/corning](https://virtahealth.com/join/corning) or scan the QR code to claim your benefit today.



\*Virta is available to Corning employees, pre-65 retirees, and covered adult dependents age 18 and older who are enrolled in a Corning medical plan administered by UnitedHealthcare. This benefit is currently being offered to those with type 2 diabetes, prediabetes, or a BMI of 25 or greater. There are some medical conditions that would exclude members from the Virta program. Start the application process now to find out if you qualify.

\*Reversal on Virta is defined by reaching an A1c below 6.5% without the use of diabetes medications beyond metformin. Diabetes and related issues can return if lifestyle changes are not maintained.